9-12 Grade at YMLA YWLA Travis ALA Fox Tech Cast Tech Lunch Menu

Menu Subject to Change Based Upon Availability

This institution is an equal opportunity employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/3, 5/24, 6/14	5/4, 5/25, 6/15	5/5, 5/26, 6/16	5/6, 5/27, 6/17 (last day)	5/7, 5/28
Chicken Nuggets w/	Spaghetti w/Meatsauce	Crispy Tacos	Pizza	Breakfast Bowl
Breadstick	Garlic Knot	Taco Quesadillas	BBQ Chicken Sandwich	Spicy Fish Sandwich
Pizza	Crispy Chicken Sandwich	Spanish Rice	Veggie Bundle w/Hummus	Yogurt Protein Pack
Yogurt Protein Pack	Uncrustable	Club Sandwich	Tator Tots	Hashbrown Rounds
Green Beans	Baby Carrots	Corn	Green Beans	Sliced Carrots
Glazed Sweet Potatoes	Italian Broccoli	Beans	Banana	Sliced Peaches
Berry Cup	Diced Pears	Orange	Applesauce	Apple
Peaches	Apple	Diced Pears	Milk	Milk
Milk	Milk	Milk		
MONDAY (Holiday)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/10, 5/31	5/11, 6/1	5/12, 6/2	5/13, 6/3	5/14, 6/4
Chicken Lo Mein	Calzone	Enchiladas w/ Chili Sauce &	Chicken Strips w/Garlic Knot	Pizza
Pizza	Crispy Chicken Sandwich	Chips	Hamburger	Spicy Fish Sandwich
Yogurt Protein Pack	Uncrustable	Bean and Cheese Burritos	Veggie Bundle w/Hummus	Yogurt Protein Pack
Green Beans	Baby Carrots	Club Sandwich	Baby Carrots	Sliced Cucumbers
Celery Sticks	Italian Broccoli	Spanish rice	Tator Tots	Baby Carrots
Berry Cup	Diced Pears	Corn	Banana	Sliced Peaches
Peaches	Apple	Beans	Applesauce	Apple
Milk	Milk	Orange	Milk	Milk
		Diced Pears		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/17, 6/7	5/18, 6/8	5/19, 6/9	5/20, 6/10	5/21, 6/11
Chicken Dumplings w/Fried	Turkey Lasagna w/ Garlic Knot	Taco Bowl w/Chips	Steak Fingers w/Breadstick	Texas Chicken Biscuit
Rice	Crispy Chicken Sandwich	Taco Quesadillas	BBQ Chicken Sandwich	Spicy Fish Sandwich
Pizza	Uncrustable	Club Sandwich	Veggie Bundle w/Hummus	Yogurt Protein Pack
Yogurt Protein Pack	Baby Carrots	Spanish Rice	Mashed Potatoes w/Gravy	Hashbrown Rounds
Green Beans	Italian Broccoli	Beans	Green Beans	Veggie Tray
Celery Sticks	Diced Pears	Sliced Cucumbers	Banana	Sliced Peaches
Berry Cup	Apple	Orange	Applesauce	Apple
Peaches	Milk	Diced Pears	Milk	Milk